

Fifth Sunday in Ordinary Time
MASS SCHEDULE
February 3, 2024 – February 11, 2024
Sing praises to the Lord who heals the
broken-hearted.



Saturday, February 3, 2024

4:00 – 4:30 PM Confessions

5:00 PM For Rosamma Antony

Sunday, February 4, 2024

9:00 AM For Joanne Oostrom

11:00 AM For the People

Monday, February 5, 2024 - St Agatha

10:00 AM For the Intention of
Julie Van de Vrande

**Tuesday, February 6, 2024 – St Paul Miki
and Companions**

5:15 PM For Jose Rodrigues

**Wednesday, February 7, 2024 – St Jerome or
St Josephine**

8:30 AM For Nathan Freeburn

Thursday, February 8, 2024

4:30 – 5:00 PM Confessions

5:15 PM In Memory of Shoshamma Varghese

Friday, February 9, 2024

10:00 AM For Sara Saraiva Melo

10:30 AM Prayers for Vocation

Saturday, February 10, 2024

10:00 AM Rite of Acceptance for RCIA

11:00 AM Baptism

4:00 – 4:30 PM Confessions

5:00 PM For Genoveva Barbosa

**Sunday, February 11, 2024 World Day of
the Sick**

9:00 AM For Gina Catapang

11:00 AM For the People



GOSPEL REFLECTION

The silence after each reading and the homily helps people reflect on the readings and recall some aspect or thought contained in them. The word of God remains only words unless we give ourselves time to reflect on, digest its meaning and allow some dimension of the reading to come to life in us. After each reading we can reflect on what impressed or challenged us by recalling what line or thought struck us. If we have a missalette and have listened to the word of God, then in the period of silence we can look at the printed text to review it. Then the reading may inspire us to pray for some aspect of our Christian life and growth as reflected in the reading. As Pope Francis said: "listening to God's word requires much more than one's ears. It must go from the ears, to the heart and then to the hands, resulting in good works in the world. It's necessary to have an open heart to receive the word. God speaks and we turn to him to listen so as to then put into practice what we have heard."

ST PAUL PRAYER LINE: Our team of *Prayer Warriors* will join with you to intercede for your intentions. Simply call Lucienne (613-634-0375) or Miriam (905-979-1189), or email: StPaulsPrayerLine@gmail.com. "I call upon you, for you will answer me, O God" (Ps 17:6)

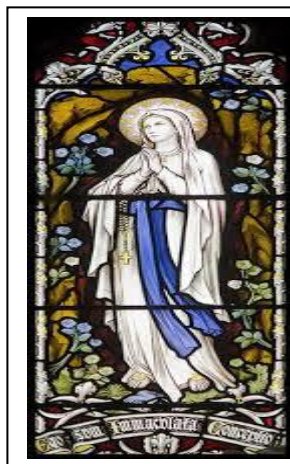
PLEASE PRAY FOR THOSE WHO ARE ILL:

Orlando Miguel, Nicole McKechnie, Linda McKechnie, Raymond Koenders, Meghan Bennett, Nellie Rutten, Stephen Noonan, Ursula Connell, Alex Dermott, Lynn Bales, Silvia Peter Mawalla, Rosie Soni, Joan MacLeod. Aiden Bedard, Rose Miguel, Kay Bonvie, Laura DeNoble, Greg and Conrad Van Eyken.

**PLEASE PRAY FOR THOSE WHO HAVE
RECENTLY DIED: Fr. Dean Purdy**

February 11 – Memorial of Our Lady of Lourdes

The veneration of Mary as Our Lady of Lourdes



arose first in popular devotion and later in the Church's liturgy. In 1858 Mary, the Mother of Jesus appeared to Bernadette Soubirous in a cave at Massabielle, near Lourdes in France. After an Episcopal commission stated, "that this appearance bears every mark of truth", and was later added to the list of Marian feasts.

Celebrating
40 *years*



Knights of Columbus council 9652 is changing the timing of our General Meeting this February we will begin a trial of moving our monthly meetings to the 3rd Saturday morning of the month at 10am to better accommodate members of our council. Please join us on Saturday February 17th for our first meeting in this new time slot in the Mary Campeau Memorial Hall. This replaces our first Tuesday of the month meeting. (No meeting Tues Feb 6)

Trinitas Youth Singers coming to St. Paul's This 14-voice choir, featuring children from Kingston and the surrounding areas, will lead music for the 11:00am Mass on Sunday, February 4. Hear a sample of their beautiful voices on our Facebook page! Contact the director, Jeffrey Moellman, at Trinitas.Singers@gmail.com for more information.

Parish 40th Anniversary Potluck a Huge Success. Many thanks to everyone who contributed to the potluck supper to celebrate the 40th anniversary of St Paul the Apostle Parish. It was the largest crowd in the hall in recent memory and a massive success in bringing our parish together, a shining example of faith in action. Anyone who is missing food containers or serving utensils should claim them in the gathering space as soon as possible.

Income Tax Receipts for 2023 are ready to be picked up in the gathering space.



***Monthly Meeting for Secular Franciscan Order**
First Thursday of the month 7:00 pm;
St. John the Apostle Parish Hall (88 Patrick Street)

***Melos Chantuary: Additional Session**
Saturday, February 3, 7:30 pm - 9:00 pm
St. John the Apostle Church (88 Patrick Street)
An additional session is now offered on February 3rd. Focusing on the chant of Hildegard von Bingen. As time permits, we will review the previous weeks' beautiful chants. Come sing with us or just relax and listen! Suggested free-will offering of \$10.

***ALPHA is Coming! (Presented by Holy Family Parish)** Mondays, starting February 5 - April 8, 2024; 6:15 pm - 8:30 pm Our Lady of Fatima Parish Hall (588 Division Street, Kingston) This is a FREE course and dinner will be served. ALPHA is a series of 10 videos, about 30 minutes long, that explore the big issues around the Christian Faith, Registration is required. Please contact Holy Family at 613-548-8587 or holyfamily@archkingston.ca

World Day of Prayer 2024

A prayer movement that invites us to enrich our faith experience with the experience of Christians from other countries and cultures and to bring hope to women touched by injustice. The service was written by the World Day of Prayer Committee of Palestine Our Lady of Lourdes Church 490 Days Road, Friday, March 1, 2024 @ 1:30 p.m. More information about our community's service is available from our website at www.ololpk.com, by email ourladyoflourdes@archkingston.ca or by phone (613) 389-3532

Spirituality of Opus Dei

Wanting to live your faith joyfully in your daily life at home and at work? Come be inspired by the teachings of St. Josemaria Escriva, founder of Opus Dei (opusdei.ca). Newcomers of all ages are welcome. Stay for a while or join us for the whole time. For more info contact Irene at 613-549-7421.

Recollection for Women: Tuesday, Feb. 20 7-9pm at St. Joseph's Church.

Recollection for Men: Wed. Feb. 21 7-9pm at St. James Chapel, St. Mary's Cathedral.

Memorial of St. Blaise The blessing of the throats will take place on Monday, February 5 at the 10:00 am Mass.