

Children's Guide to the Mass



Take one home and color it!

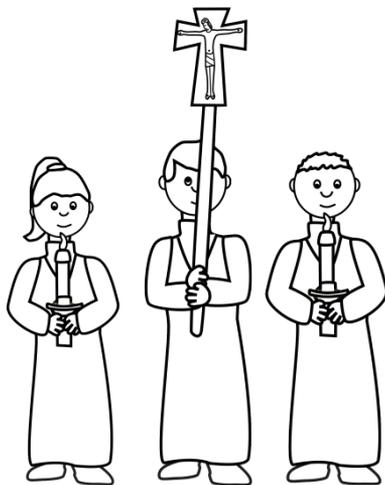
This Book Belongs to:

Introductory Rites

—preparing to celebrate the Eucharist

Entrance Hymn

We lift our voices to God in praise and thanksgiving for every gift He has given us, especially the gift of life.



Greeting

*We make the Sign of the Cross.
The priest welcomes us.*

Priest: In the name of the Father,
and of the Son, and of the Holy Spirit.

- **Amen.**

Priest: The grace of our Lord Jesus
Christ, and the love of God, and the
communion of the Holy Spirit be with
you.

- **And with your spirit.**



Penitential Rite

We remember our sins and ask God for mercy.

Priest: Brothers and sisters let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.

Priest: You were sent to heal the contrite of heart.

- **Lord, have mercy.**

Priest: You came to call sinners.

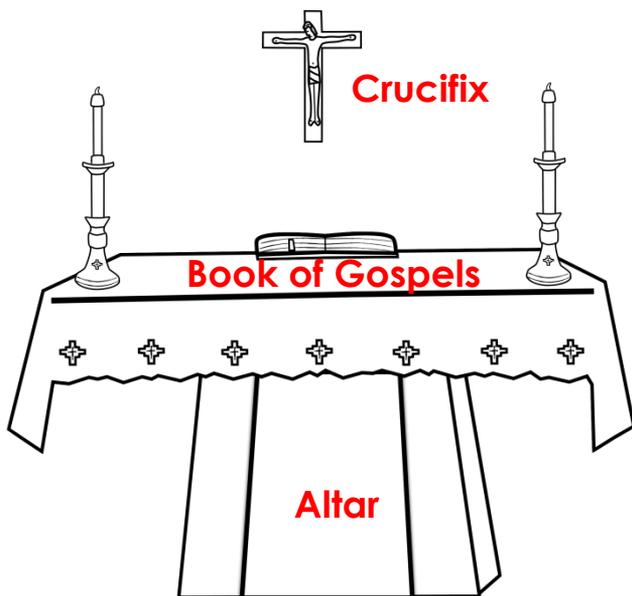
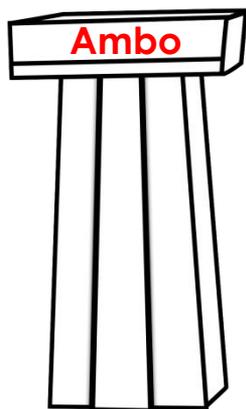
- **Christ, have mercy.**

Priest: You are seated at the right hand of the Father to intercede for us.

- **Lord, have mercy.**

Priest: May almighty God have mercy on us, forgive us our sins and bring us to everlasting life.

- **Amen.**



Gloria

*We sing of the power, love and mercy of God.
(On Sundays and Solemnities only)*

**Glory to God in the highest,
and on earth peace to people of good will.**

**We praise you,
we bless you,
we adore you,
we glorify you,**

**we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.**

**Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,**

have mercy on us;

**you take away the sins of the world,
receive our prayer;**

**you are seated at the right hand of the Father,
have mercy on us.**

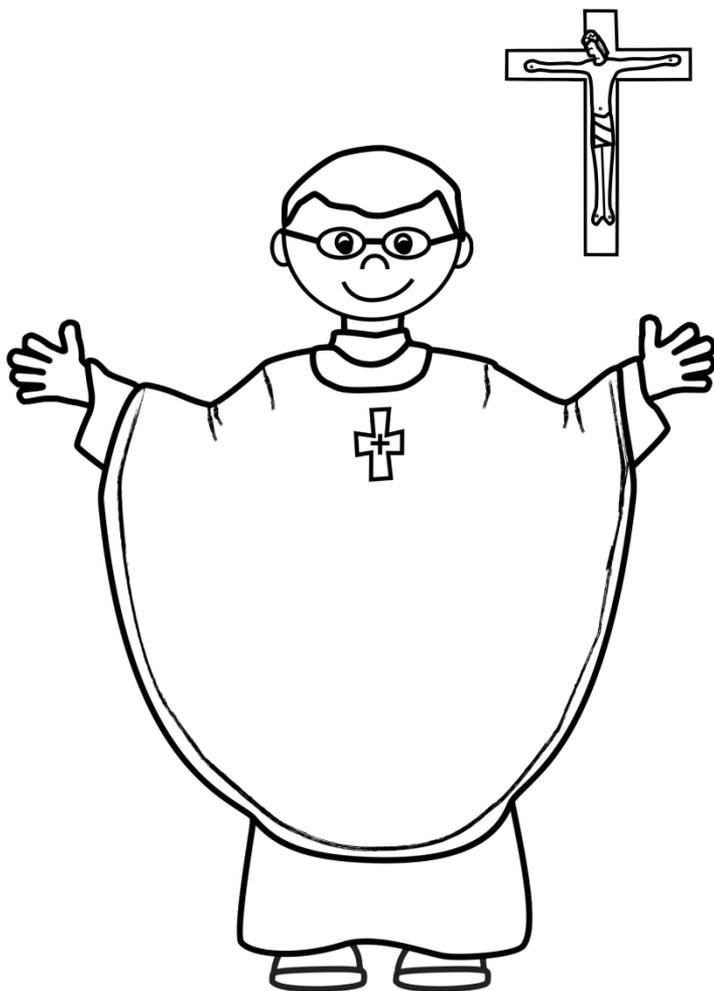
**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,**

**with the Holy Spirit,
in the glory of God the Father.
Amen.**



Collect (Opening Prayer)

First we pray in silence, and then the priest “gathers” our prayers by offering the opening prayer to the Father.



Listen to the words of the opening prayer and unite your prayer intentions with the priest and the entire community. God is listening to your prayers.

What colour vestment is Father wearing today?

Liturgy of the Word

—hearing God's plan of salvation

Did you know that the message we hear from the Bible is not just a story about something that happened long ago? God wants to speak His words of love to you today! Pray that your heart is open to hear the special message from the **Holy Spirit** that was meant for you!



First Reading

We listen to God's Word, usually from the Old Testament.

Reader: The word of the Lord.

- **Thanks be to God.**

Responsorial Psalm

We respond to God's Word in song.

Second Reading

We listen to God's Word from the New Testament.

Reader: The word of the Lord.

- **Thanks be to God.**

Gospel Acclamation

We sing "Alleluia!" to praise God for the Good News. During Lent, we use a different acclamation.

Gospel Reading

We stand to show the importance of this reading above the other readings – because it is about the life of Jesus.

The first two readings are proclaimed by people from the community. The Gospel is proclaimed by a priest or deacon.

Priest: The Lord be with you.

- **And with your spirit.**

Priest: A reading from the holy Gospel according to _____

- **Glory to you O Lord. ***



**When you say "Glory to you O Lord" using your thumb, make the sign of the cross on your forehead, your lips and your heart.*

**To prepare for God's Word we ask Him to be in our minds, on our lips and in our hearts.*



Homily

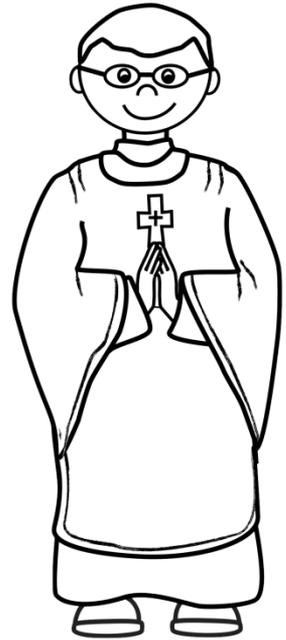
The priest or the deacon explains God's Word and teaches us how to apply the message to our lives.

What is God saying to you today?

Profession of Faith

We proclaim our faith through the Creed.

I believe in God the Father Almighty,
Creator of heaven and earth,
I believe in Jesus Christ, His only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
from there he will come to judge the
living and the dead.



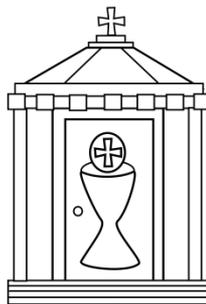
I believe in the Holy Spirit,
the holy Catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

Prayers of the Faithful

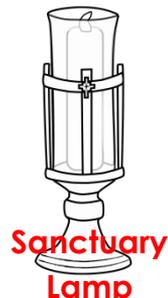
We pray for our needs and the needs of others.



**Offertory
Table**



Tabernacle



**Sanctuary
Lamp**

Liturgy of the Eucharist

—celebrating Christ's presence in the Eucharist

This part of the Mass is like a window into heaven. In the Eucharist we are with Jesus at the Last Supper, at the foot of the cross and before the throne of God.

Presentation and Preparation of the Gifts

We bring gifts of bread and wine to the altar.



Invitation To Prayer

Priest: Pray, brothers and sisters, that my sacrifice and yours may be acceptable to God, the almighty Father.

- **May the Lord accept the sacrifice at your hands for the praise and glory of His name, for our good and the good of all His holy Church.**



Prayer over the Offerings

The priest prays that God will accept our sacrifice.

Eucharistic Prayer

This prayer of thanksgiving is the center and high point of the entire celebration.

Preface

Priest: The Lord be with you.

- **And with your spirit.**

Priest: Lift up your hearts.

- **We lift them up to the Lord.**

Priest: Let us give thanks to the Lord our God.

- **It is right and just.**



Holy, Holy, Holy

We sing with the angels to prepare for Jesus' arrival.

**Holy, Holy, Holy Lord, God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**



We **kneel** to show that we **adore** and **honour** Jesus our God and King who will be truly present on the altar.

Consecration

The bread and wine are completely transformed into Jesus Christ: body, blood, soul and Divinity.



The priest places his hands over the bread and the wine. This is called the **epiclesis** – the calling down of the Holy Spirit upon the gifts of bread and wine.

Priest: Take this, all of you, and eat of it, **for this is my Body**, which will be given up for you.



Jesus is here. The bells announce His presence. Come let us adore Him! Jesus loves us so much, tell Him how you love Him too!



Priest: Take this, all of you, and drink from it, for **this is the chalice of my Blood**, the Blood of the new and eternal covenant, which will be poured out for you and for many for the forgiveness of sins. Do this in memory of me.

Do you hear the bells? They joyfully tell us we are participating in a holy moment!

The Mystery of Faith

We remember, we believe

We proclaim your Death, O Lord, and profess your Resurrection until you come again.

or

When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.

or

Save us, Savior of the world, for by your Cross and Resurrection you have set us free.



Priest: Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honour is yours, for ever and ever.

The Great Amen

“Amen” is Hebrew for “Yes – I believe”. When we sing Amen we say: “yes- we believe all glory belongs to God!” We also say: “yes- we believe Jesus is truly present!”

AMEN!

***** We stand in together after we say "amen".

Communion Rite

—receiving the Body and Blood of Jesus Christ

Lord's Prayer

**Our Father, who art in heaven, hallowed be thy name;
thy kingdom come; thy will be done
on earth as it is in heaven.**

**Give us this day our daily bread,
and forgive us our trespasses,**

as we forgive those who trespass against us;

and lead us not into temptation, but deliver us from evil.

Priest: Deliver us, Lord, we pray, from every evil,
graciously grant us peace in our days,
that, by the help of your mercy,
we may be always free from sin and safe from all
distress, as we await the blessed hope
and the coming of our Saviour, Jesus Christ.

- **For the kingdom, the power and the glory are yours now and forever.**

Sign of Peace

We offer one another Christ's peace.



Lamb of God

We pray for forgiveness, mercy, and peace.



While we sing the “Lamb of God” the priest breaks the host, over the paten and places a small piece into the chalice and says quietly “May this mingling of the Body and Blood of our Lord Jesus Christ bring eternal life to us who receive it.”

...meanwhile we sing:

**Lamb of God, you take away the sins of the world,
have mercy on us.**

**Lamb of God, you take away the sins of the world,
have mercy on us.**

**Lamb of God you take away the sins of the world,
grant us peace.**

We **kneel** once more to show our devotion to God.

Priest: Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

- **Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.**

When we say "Lord I am not worthy" we are repeating the words of the soldier who asked Jesus to heal his servant (Mt 8:8). Just as Jesus healed the servant, we humble ourselves and say "Lord I am not worthy" before asking Him to join us under the "roof of our souls."

Communion

We receive Jesus, not in a symbolic way, but in a **real way** into our bodies and souls. We become a living tabernacle!



By receiving communion we are saying:

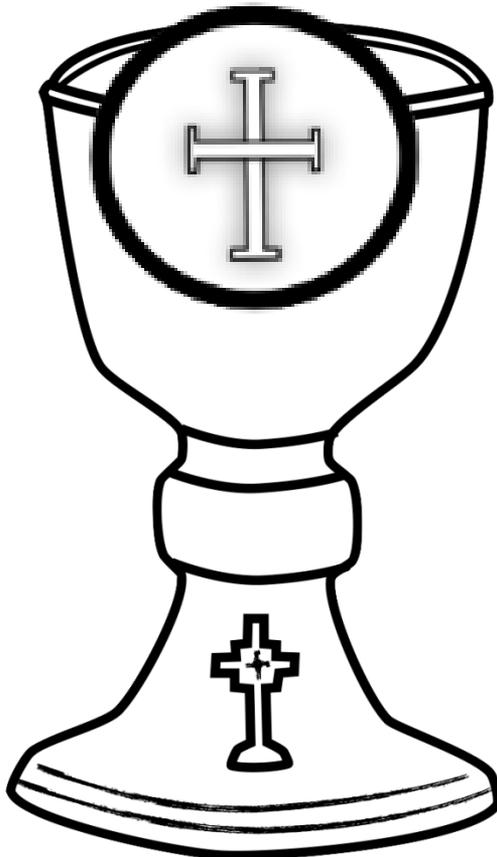
- 1) we believe Jesus is truly present in the Eucharist
- 2) we are in union with the Catholic Church
- 3) we want to be in union with one another

This is why if we want to receive communion we need to:

- 1) be a baptised Catholic
- 2) believe what the Church teaches
- 3) be sure we go to confession first if we know we have committed a serious sin and
- 4) forgive all who have hurt us.

Prayer After Communion

*We spend time after receiving communion singing a song of thanksgiving or quietly spending time with Jesus who is in our hearts. The priest will conclude this time with a prayer on behalf of all of us. We respond **Amen.***



Concluding Rites

-going forth to glorify the Lord by our lives

Final Blessing

Priest: The Lord be with you.

- **And with your spirit.**

Priest: May almighty God bless you,
the Father, and the Son, and the Holy
Spirit.

- **Amen.**

Dismissal

*We are given a mission – to tell all we
meet about what God has given us in
Jesus and invite them to share our joy!*



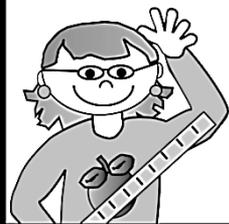
Deacon/Priest: Go and announce the Gospel of the Lord!

or
God in peace, glorifying the Lord by your life!

- Thanks be to God!

A closing song may be sung.

*Made for you by
Ste Anne's & Good Shepherd
Parishes*



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