

**Solemnity of the Most Holy Body and
Blood of Christ
MASS SCHEDULE**

June 10, 2023 - June 18, 2023

**Because there is one bread, we who are many
are one body.**

Saturday, June 10, 2023

4:00 – 4:30 PM Confession

5:00 PM For the People

Sunday, June 11, 2023

9:00 AM For Bob Van de Vrande

11:00 AM For Mary Campeau.

Monday, June 12, 2023

10:00 AM For Reta Dillon

St Teresa of Calcutta School Mass

Tuesday, June 13, 2023

9:00 – 9:20 AM Confession

8:30 AM Mass

6:00 PM Monica Ann Dunbar

Wednesday, June 14, 2023

8:30 AM For Kay O'Neill

Thursday, June 15, 2023

8:30 AM Mass

6:00 PM For Mary Campeau

Friday, June 16, 2023

10:00 AM For Randal Damien Matters

Saturday, June 17, 2023

4:00 – 4:30 PM Confession

5:00 PM For Genoveva Barbosa

Sunday, June 18, 2023

9:00 AM For the People

11:00 AM For Lourds Pereira



GOSPEL REFLECTION:

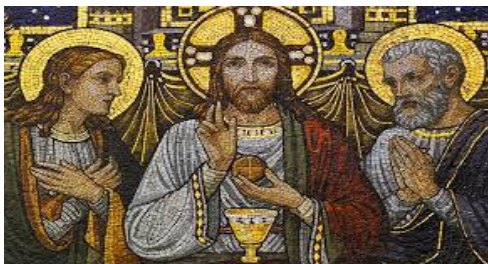
The covid-19 pandemic has brought home a truth: the Eucharist is at the heart of the Church. It is the dynamic, beating heart of the Church. Just as a beating heart pulls the blood into it and then sends it out throughout the body, so the Eucharist draws us together, in order to send us out. Thus Saint Paul the Apostle preached that the entire life of a Christian is a prolongation of the Eucharist, as a spiritual sacrifice offered to God in union with Christ. For this reason, Saint Paul exhorted his hearers to offer themselves as a living sacrifice, holy and acceptable to God. Whenever we come to Mass and receive the Eucharist, we are making a number of important statements. We are acknowledging Jesus as our bread of life, as the one who alone can satisfy our deepest hungers. We are also declaring that we will follow in his way and be faithful to him all our lives, in response to his faithfulness to us. The celebration and reception of the Eucharist should be our strength and joy, a commitment in faith and love that gives meaning to all our existence. This is the message for each of us today as well and the heart of our religion and worship, in spirit and in truth.

ST. PAUL'S PRAYER LINE: Our team of *Prayer Warriors* will join with you to intercede for your intentions. Simply call Lucienne (613-634-0375) or Miriam (905-979-1189), or email: StPaulsPrayerLine@gmail.com. "I call upon you, for you will answer me, O God" (Ps 17:6)

PLEASE PRAY FOR THOSE WHO ARE ILL:

Sandra Malec, Isabella Bush, Joan MacLeod, Aiden Bedard, Kiera Udall, Noreen Brisebois, Alice Hineman, David Fudge, Chris Norman, Cathy Visser and Wanda Dailey, Fr. Mac Burke, Orlando Miguel, Jackie Dowling, John Walton, Margaret Walton, Nicole McKechnie, Linda McKechnie, Raymond Koenders

**Soul of Jesus Christ, sanctify me.
Heart of Jesus, inflame me with love.
Body of Jesus Christ, save me.
Blood of Jesus Christ, inebriate me.
Water out of the Side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within Thy Wounds, hide me.
Let me not be separated from Thee.
Defend me from the malignant enemy.
At the hour of death, call me.
And bid me to come unto Thee
That with the Saints, I may praise Thee
For all eternity. Amen.**



**PLEASE PRAY FOR THOSE WHO HAVE
RECENTLY DIED**

Totus Tuus Summer Camp 2023 Registration NOW OPEN

Totus Tuus a Catholic summer camp in the Archdiocese of Kingston filled with faith and fun! Week-long summer program packed with skits, songs, games, sports, crafts, and engaging faith activities. For information see registration link, visit <https://romancatholic.kingston.on.ca/totustuus>. Questions? totustuus@archkingston.ca. Regular registration open until June 30th.

Day of Reflection (Secular Order of Carmelites (Queen of Peace)) Saturday, June 24, 2023 from 9:00 am-3:30 pm You are invited to share in a day of reflection with the secular order of Carmelites (Queen of Peace) on Sunday, June 24. Conference talks will be given by Father Borg O.C.D.S. and mass will be celebrated. The location is St. Joseph's Church Hall in Kingston. Please bring a bag lunch. Tea, coffee, juice, and baked goods will be served. **\$5.00 admission at the door.** Please call Catherine (613-542-7260) or email catherinkarremans@gmail.com to register.

16-Day Pilgrimage to Vietnam, Cambodia, Thailand

January 25 - February 9, 2024

Including a visit to Our Lady of La Vang. Under the spiritual leadership of Fr. Marek Chochrek and Ania & Mario Travel. Cost is \$4490 (USD). For further information, please contact Fr. Marek at 613-354-3039 or e-mail markchochrek@gmail.com.

Pilgrimage to Italy, France, Spain & Portugal September 18 – October 2, 2023

Under the spiritual leadership of Fr. Cosmas Ajawara. 15-day pilgrimage from September 18 – October 2, 2023. Cost: \$4,990.00 (Toronto, Ottawa, Montreal departure, incl. taxes & tips). For further information contact International Heritage Tours – 1-877-999-8868 or email Stan – stan@ihtours.com or Liliana – liliana@ihtours.com

St. John the Evangelist 150th Anniversary Celebration Sunday, August 20, 2023; 11:00 am Mass

3529 Flinton Road, Flinton

St. John the Evangelist Catholic Church in Flinton will be celebrating their 150th Anniversary on August 20th. Mass is at 11:00 am and a light lunch will follow at the Flinton Recreation Centre on 72 Edward Street. Please RSVP by August 6th if you plan to attend the lunch, by contacting Maude

at 905-449-2160, or by email stjohntheevangelist3529@gmail.com

Annual Chicken Barbecue and Raffle Saturday, July 8, 2023; 4:00 pm – 7:00 pm Annunciation of the Blessed Virgin Mary Parish Hall (66 Church Road, Enterprise)

We are sponsoring our annual Chicken Barbecue and Raffle on Saturday July 8, 2023 at the Parish Hall, 669 Church Rd., Enterprise, ON. Serving will be 4 to 7 pm rain or shine. Mass will be at 4 pm. Prices \$18 Adults; \$12 students age 6-13, Free for children 5 and under. All are welcome. Music will be provided, Raffle draw and Silent Auction table available. Come for a wonderful dinner and great entertainment.

St Joseph Oratory, Montreal evening Retreat of Anointing and Healing in English

Monday, July 17, 2023 from 6:00 pm to 9:00 pm in the Basilic (6th floor) at St Joseph's Oratory. This is a rare opportunity to meet Fr. Xavier Khan Vattayil, PDM, an amazing Catholic priest, with the gifts of the Holy Spirit. During the Retreat, we will be exposing the Major Reliquary of Saint Andre Bessette for veneration. We will also have anointing and blessing with the Oil of St. Joseph. The cost for registration is \$10.00 each please see <https://events.kilikood.ca/event/saintjoseph/> for registration and more information.

Wildfire smoke can be harmful to your health even at low concentrations. Mild irritation and discomfort are common, and usually disappear when the smoke clears. Everyone can take action to reduce their exposure to wildfire smoke. Stop or reduce your activity level if breathing becomes uncomfortable or if you or someone in your care feels unwell. Drink water to help your body cope with the smoke. Keep your doors and windows closed if the temperature in your home is comfortable. People with lung ailments, heart disease, older adults, children, pregnant people, and people who work outdoors are at higher risk of experiencing health effects caused by wildfire smoke.

If you are just returning to Church now, welcome back. Please check for your envelopes to the right of the entrance in the gathering space. If you are new to the parish and would like envelopes, or don't see a box for you, please write your information in the book by the boxes of envelopes.