

**First Sunday of Advent  
MASS SCHEDULE  
Dec. 2, 2023 – Dec. 10, 2023**

***Beware, keep alert; for you do not know  
when the time will come***



**Saturday, December 2, 2023**

4:00 – 4:30 PM Confessions  
5:00 PM For the People

**Sunday, December 3, 2023**

9:00 AM For Alfredo Toledo & Nelly Velasco  
**10:15 AM Anointing of the Sick**  
11:00 AM Edwardo Maglunob

**Monday, December 4, 2023 - St John  
Damascene**

10:00 AM For Genoveva Barbosa

**Tuesday, December 5, 2023**

8:30 AM Thomas and Evelyn Veitch  
9:00 – 9:20 AM Confessions  
**5:15 PM** For Gerald, Genevieve &  
Paul Whalen

**Wednesday, December 6, 2023 – St Nicholas**

8:30 AM For Rosaria Giangrosso

**Thursday, December 7, 2023 – St Ambrose**

8:30 AM For the Souls of the Deceased  
4:30 – 5:00 PM Confessions  
**5:15 PM** For Rachel Hart

**Friday, December 8, 2023 -Solemnity of the  
Immaculate Conception of the  
Blessed Virgin Mary**

**10:30 AM No Mass see Mass  
at St Mary's Cathedral**

**Saturday, December 9, 2023**

4:00 – 4:30 PM Confessions  
5:00 PM For the People

**Sunday, December 10, 2023**

9:00 AM For Nguyen Thi Thien  
Confessions; 10:15 TO 10:45 AM  
11:00 AM For Deceased members of the Wright  
and Van de Vrande families



**GOSPEL REFLECTION:** Many people think Advent is the Season to prepare for the birth of the Saviour; but Christ was already born over two thousand years ago. The first part of Advent is to prepare for his Second Coming; the second part is to prepare to celebrate his birthday and grow in our understanding of what this mystery of God who was born and took on human flesh. As a modern society we are not good at waiting. We anticipate everything. The only problem is that when the day or event comes, we are already tired or satisfied with it. Thus, we never truly celebrate an event in all its fullness. The Advent season invites us to be like a pregnant woman, following the example of the Blessed Virgin Mary. Let us be pregnant with hope, firm in faith and active in charity, especially as we pray for peace this year. May this season of hope bring us the surprise of Christmas peace.

**ST PAUL PRAYER LINE:** Our team of *Prayer Warriors* will join with you to intercede for your intentions. Simply call Lucienne (613-634-0375) or Miriam (905-979-1189), or email: [StPaulsPrayerLine@gmail.com](mailto:StPaulsPrayerLine@gmail.com). "I call upon you, for you will answer me, O God" (Ps 17:6)

**PLEASE PRAY FOR THOSE WHO ARE ILL:**  
Orlando Miguel, John Walton, Margaret Walton, Nicole McKechnie, Linda McKechnie, Raymond Koenders, Meghan Bennett, Nellie Rutten, Stephen Noonan, Ursula Connell, Alex Dermott, Lynn Bales, Silvia Peter Mawalla, Mary Jane McCarthy and Rosie Soni.

**PLEASE PRAY FOR THOSE WHO HAVE  
RECENTLY DIED**

**Mass for the Solemnity of the Immaculate  
Conception of the Blessed Virgin Mary  
Friday, December 8; 10:30 am  
St. Mary's Cathedral (279 Johnson Street)**  
You are invited to join us in celebrating the Solemnity of the Patron of the Archdiocese of Kingston. Confessions will be available at 9:30 am.

**Volunteers needed** to help register and check in candidates for Confirmation on Sunday, January 7 at 12:15 pm and Thursday, January 11 at 6:30 pm. Please see Fr. John or Fr. Michel for details.



Dec 23-24: Regular Sunday Masses:

**CHRISTMAS EVE DEC. 24 5:00 & 7:00 PM**  
**Holy Qurbana: Dec. 24 - 9:00 PM (Syro-Malabar)**  
**CHRISTMAS DAY DEC. 25 10:00 AM**

Dec 30-31: Regular Sunday Schedule

**NEW YEAR'S (Mary, Mother of God)**  
**EVE DEC 31 5:00 PM**  
**Day JAN 1 10:00 AM**

**Advent Confessions:**

**Sunday, Dec. 10: 10:15-10:45 a.m**  
**Syro Malibar Community: 2:15 – 3:15 p.m**  
**Thursday, December 14: 7:00 – 8:00 p.m.**  
**Sunday, December 17: 10:15 – 10:45 a.m**

**The Sacrament of the Anointing of the Sick will be celebrated this Sunday, December 3 at 10:15 am (after the 9:00 am Mass).**

**Join Youth Impact for Christmas Caroling and hot chocolate-** Dec 6th from 6:30-8:00 pm. Use the link on the Youth Ministry Facebook page or QR code on the Youth Ministry bulletin board to rsvp. Hope to see you there

**Nativity Exhibition, December 14-15** A selection of nativities depicting the birth of Christ, chosen from the Vella Collection, will be on display in the Mary Campeau Memorial Hall on Thursday, December 14, and Friday, December 15, from 9:00 am to 3:00 pm daily (concurrent with visits of school children). In addition, for family viewing, the display will be available 7:00 – 9:00 pm, Thursday, December 14. For further information, or to volunteer to assist with the supervision of the display, call Shaun 613.634.4229.

**The Catholic Women' League** would like to thank everyone who donated their time talent and treasure to our Christmas Bazaar, It was a huge success! Our next general meeting will be held on Saturday, December 9 from 9:30 – 11:00 a.m in the Mary Campeau Hall.

**Catholic Updates:** Once a month a leaflet called "Catholic Update" will be available in the Gathering Area by the bulletin board. This month's is "Celebrating Advent in your Home."



**\*Monthly Meeting for Secular Franciscan Order**  
First Thursday of the month 7:00 pm;  
St. John the Apostle Parish Hall (88 Patrick Street)  
**\*Family Advent Celebration - Choral & Instrumental Music for the Season**

Sunday, December 10, 3:00 pm CFB Kingston Spiritual Fitness Centre (formerly Trinity Chapel) 33 Lundy's Lane, Kingston. This 1-hour concert is perfect for the whole family -- children are encouraged to attend! Free-will offering. Reception to follow.

**\*Christmas Concert** Thursday, December 14; 1:00-3:00 pm St. Joseph Parish (392 Palace Road) Join us, bring a friend, or two, and enjoy two hours of music and fellowship. Refreshments will be served in the parish hall; a free-will offering would be gratefully appreciated, and proceeds will be for Dawn House.

**Veronica's Veil Overnight Shelter: Men, your help is needed.** We need men to sign up. We hopefully will **begin December 4** and go to the end of April. Shifts run 8:30 pm to 12:30 am, 12:30 am to 4:30 am and 4:30 am to 8:30 am seven days a week. If you could volunteer for one of these shifts one day each week it would be a great help. Training will be provided. Please contact Ann Lyng at [veronicasveil@stmaryscathedral.ca](mailto:veronicasveil@stmaryscathedral.ca) to sign up or for more information.

**Use of Incense** The use of incense has been part of both Jewish and Christian worship. Incense has two purposes: First, it gives praise and honour and reverence to God, the Father, Son and Holy Spirit. Second, it symbolizes our prayers raising to God; it also symbolizes our sanctification and purification in the sight of God and allowing the Holy Spirit to work in us to make us holy. The incense also reminds us of our heavenly worship. It invites us to pray and reminds us that our prayers rise up to God, like the smoke from the censer. At the beginning of Mass the Altar is incensed as a symbol of Christ, the Lamb of God who was offered for our salvation. At the Gospel it honours Christ the Son of God, who speaks the Word of Life. At the Preparation of the Gifts and Altar, the incense symbolizes the union of our offering to that of Christ. The bread and wine symbolize the offerings of the people present. The priest and people are members of the Body of Christ, and so they are incensed along with the gifts and the Altar.